

# Daily Affirmations

I  
DESERVE  
GOOD  
THINGS

I  
AM  
ENOUGH

I CHOOSE  
TO BE  
HAPPY  
TODAY

I CAN  
GET  
THROUGH  
ANYTHING

I  
AM  
STRONG

I  
ACCEPT  
WHO  
I AM

I  
RADIATE  
CONFIDENCE

I AM  
IN  
CONTROL  
OF MY  
THOUGHTS

I AM PROUD  
OF ALL  
THE THINGS  
I'VE  
OVERCOME

I  
STAND BY  
THE  
DECISIONS  
I'VE MADE

MY BEST  
SELF  
IS MY  
AUTHENTIC  
SELF

I  
CAN DO  
HARD  
THINGS

I AM  
CAPABLE OF  
ACHIEVING  
ANYTHING

I CAN  
CREATE  
THE  
LIFE  
I WANT

I LOVE  
THE  
PERSON  
I AM  
BECOMING

I AM SAFE,  
HEALTHY,  
AND  
HAPPY