



Journal

SIDE TABS

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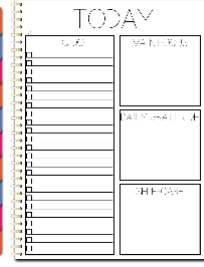
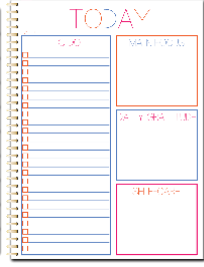
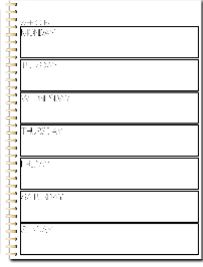
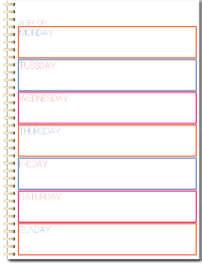
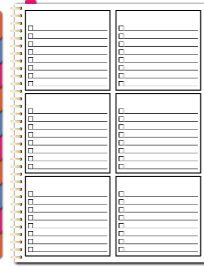
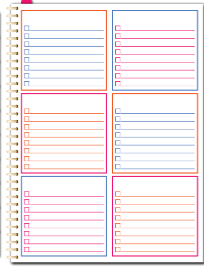
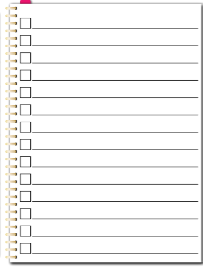
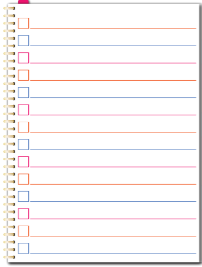
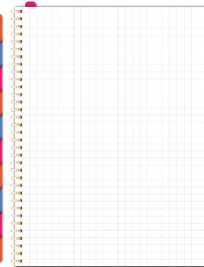
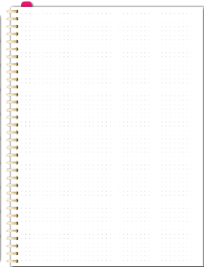
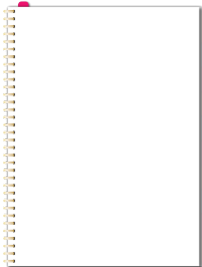
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TEMPLATES













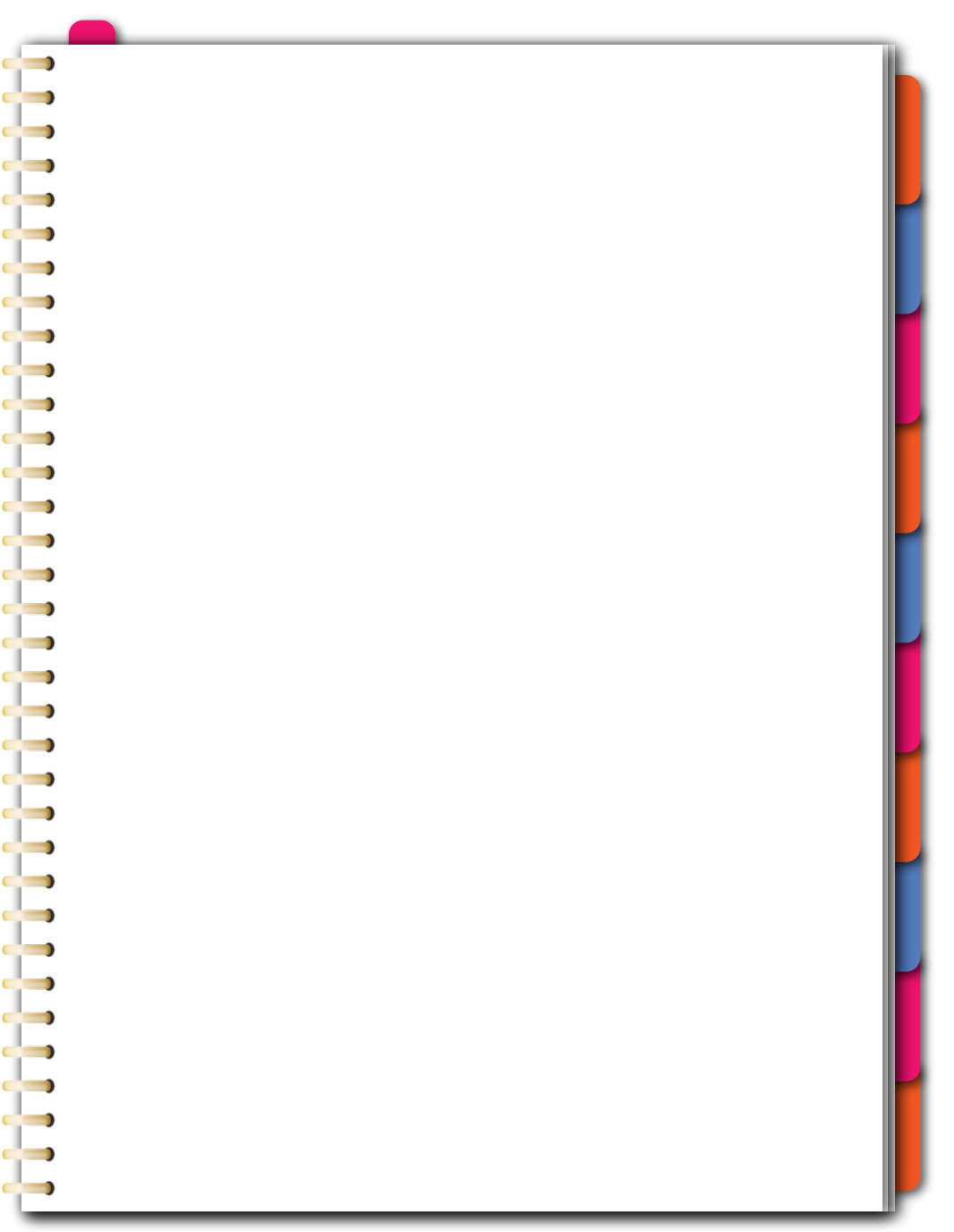




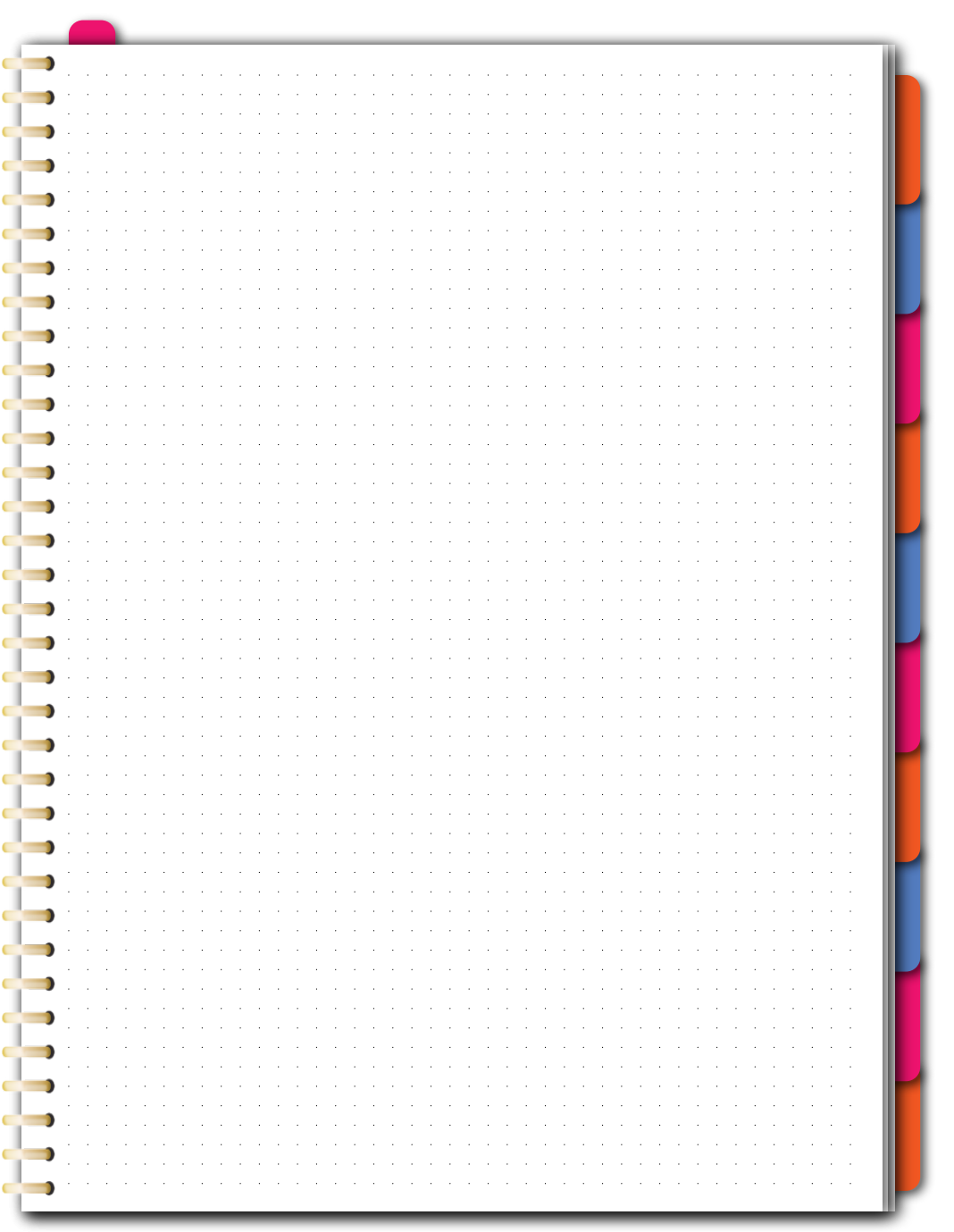


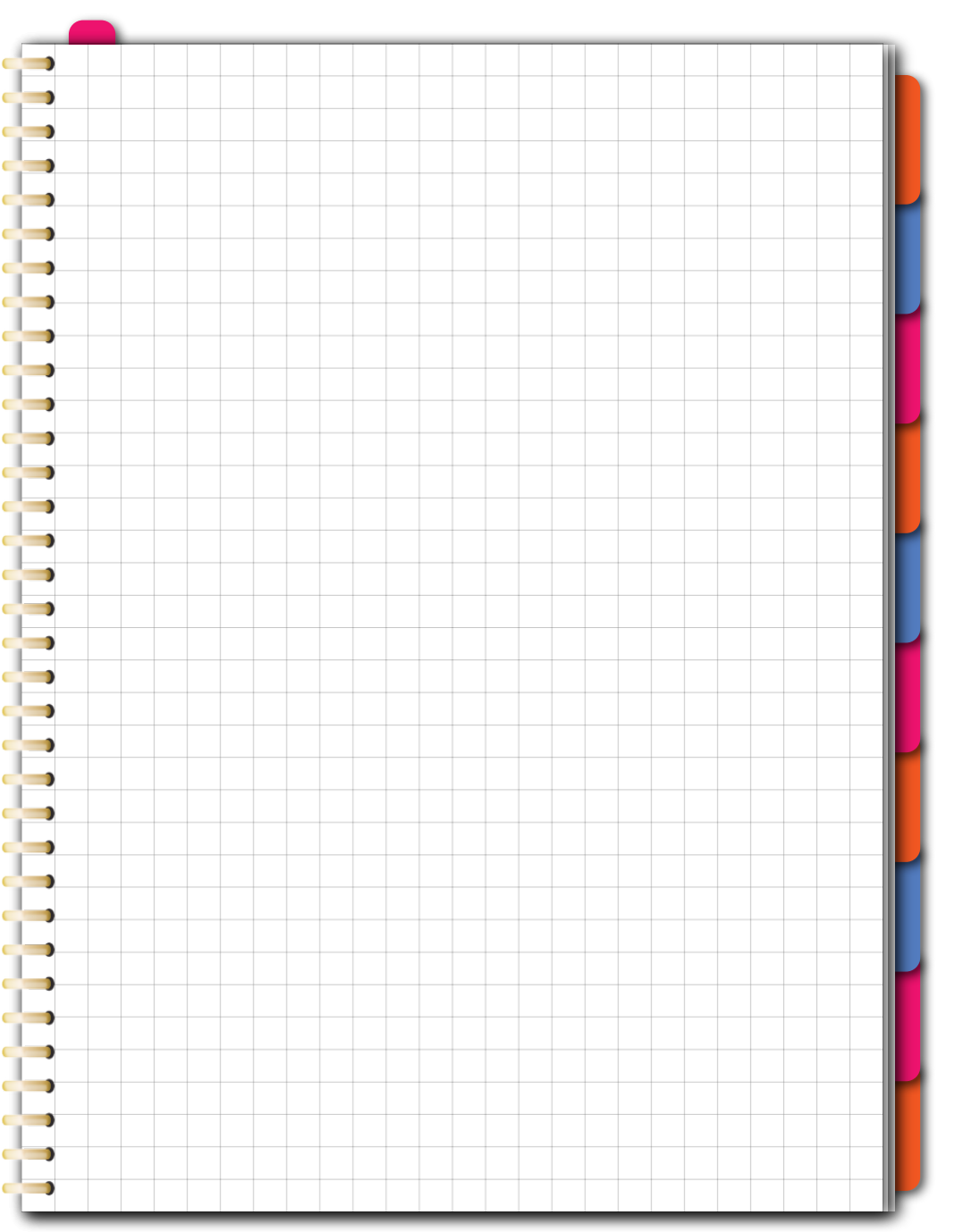


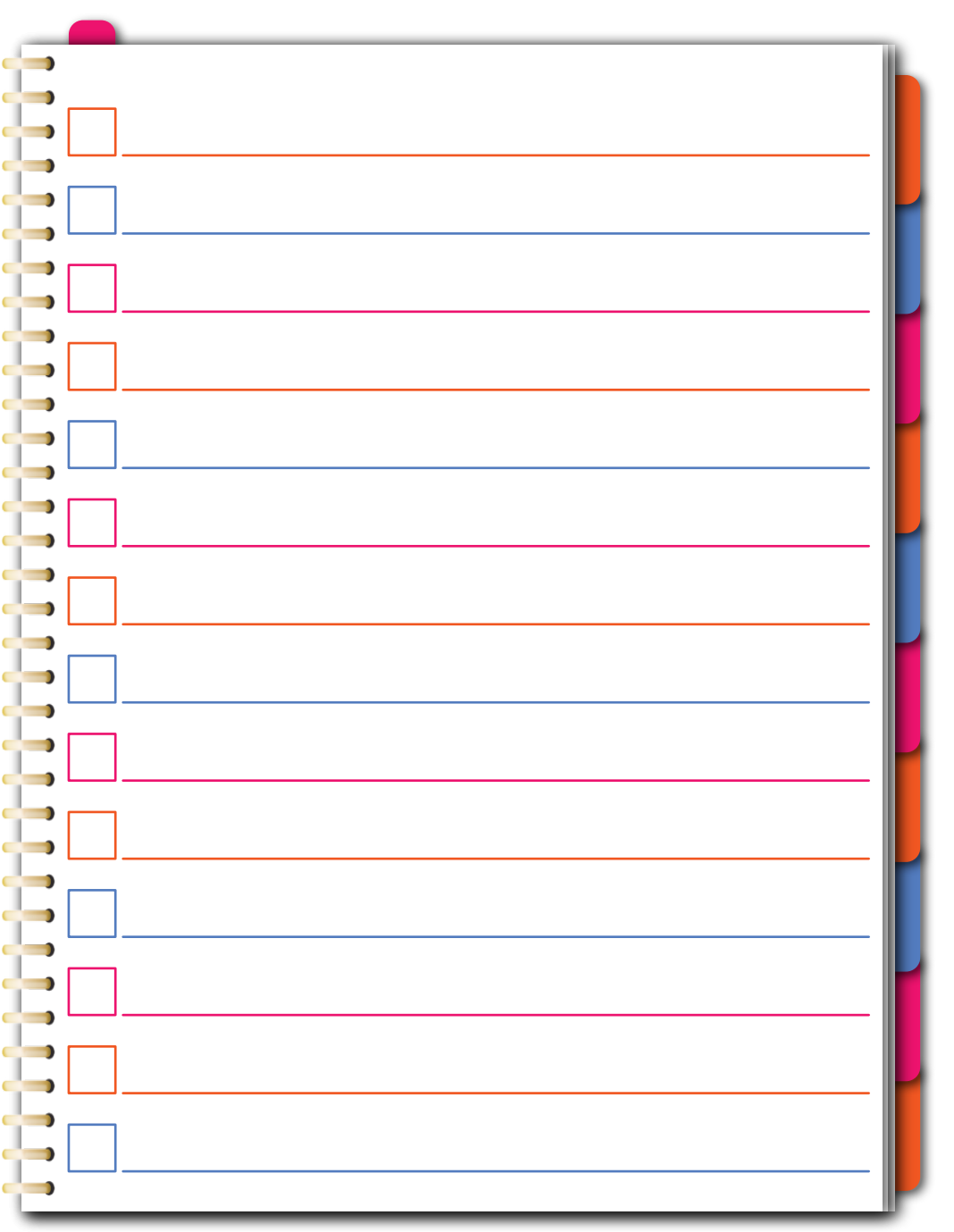


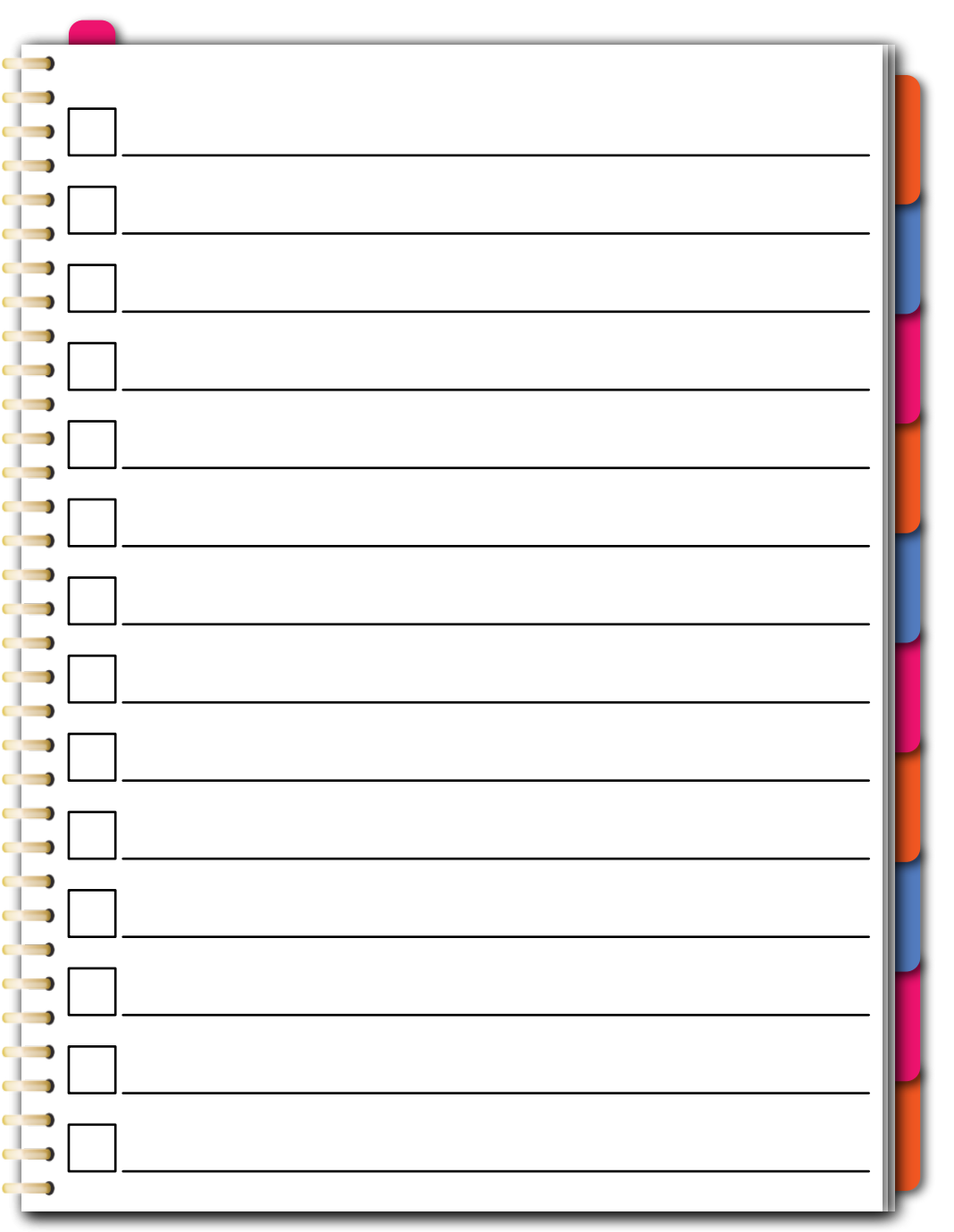












WEEK OF:

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

WEEK OF:

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

TODAY

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MAIN FOCUS

DAILY GRATITUDE

SELF-CARE

TODAY

DATE:

TO DO

MAIN FOCUS

DAILY GRATITUDE

SELF-CARE